

October 22, 2009

To Parents and Guardians:

As flu season approaches and may affect large numbers of our school population, Central Fulton School District would like to reissue portions of this letter, originally drafted by The State Of Pennsylvania and sent in its original draft to our students in September.

The local Department of Health has indicated that there may be a confirmed case of H1N1 in our county. To combat this new flu strain, we plan to continue many of the measures previously put in place to protect your children. Additionally, new guidance from the federal Centers for Disease Control and Prevention (CDC) now stipulates that **a student with the flu will need to stay home until they are fever-free for at least 24 hours without the use of fever-reducing medications (Tylenol, Motrin, etc.). In most cases, this would be anywhere from three to five days where your child would be kept home from school. Please DO NOT send your child to school with a fever.**

Central Fulton School District will be continuing to take steps to reduce the spread of infections like the flu. Frequent hand washing will be encouraged, and surfaces that are frequently touched or handled will be regularly cleaned and disinfected. If a child is sick, he or she will be moved to a sick room designated by the school, and you will be contacted to take your child home.

While school closure will remain an option, our current recommendations are to take such an action only if there is evidence that other measures are not working. School districts will work closely with their local and state health departments in making decisions. Each situation will be individually evaluated to assure the best course of action is taken to protect the children and school staff as well as minimize the burden and impact on affected families. **You can help us greatly to track the progression of the flu's impact by calling the school to advise us of any confirmed cases of H1N1 with your children.**

Information on the flu, and how you can protect your family, is available at [www.health.state.pa.us](http://www.health.state.pa.us), [www.cdc.gov](http://www.cdc.gov) and [www.flu.gov](http://www.flu.gov). For further information, contact your child's school, your local health department, the Pennsylvania Department of Health at 1-877-PA-HEALTH.

Your child's health and education are very important, and we hope to partner with you during the school year to assure that both are achieved at the highest levels. Thank you for your assistance.

Sincerely,

Julia M. Cigola, Ph.D.  
Superintendent